

## **Department of Physical Education**

ST. Mary's college puthanangadi

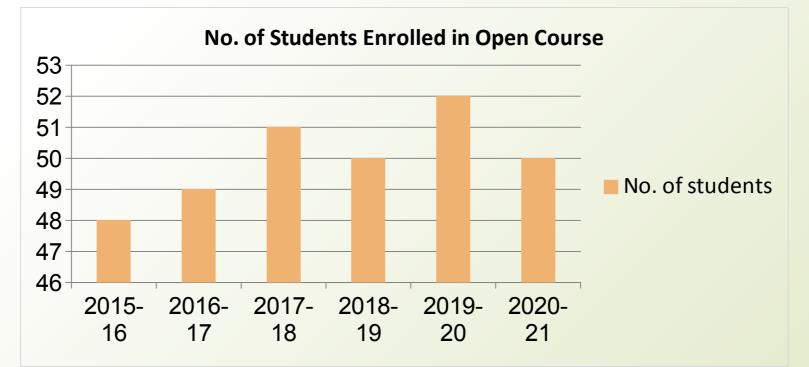
## **Faculty**

Name	Designation	Qualification	Experience
MOHAMMED ANEES .P.P	Assistant Professor	MPEd.	4 years

### Course structure

**Open course: Physical Activity Health & Wellness** 

Course	Code	Title	Hours/week	Credit
Open course	PE5D03	Physical Activity Health & Wellness	2	4





## Students enrolled under sports quota

Year	No Students Admitted in UG Course under Sports Quota	No Students Admitted in PG Course under Sports Quota	Total Number of Students Admitted
2017-18	9	0	9
2018-19	6	1	7
2019-20	8	1	9
2020-21	12	0	12

### **Sports Infrastructure**

- Football Field
- Volleyball Court
- Badminton Court
- Kabadi court
- Throw ball court



### Infrastructure

# Mr. I. M. VIJAYAN (INDIAN FOOTBALL PLAYER ) INAUGURATED THE GROUND ON FEBRUARY





### Activities of the Department

- Working schedule of the Department
- 6.30 am to 8.30 am: Coaching and preparation of various teams
- 9.30 am to 3.30 pm: Administration of department and class room teaching
- **4.00 pm to 6.30 pm**: Coaching and preparation of various teams and coordinate the activities of different Games.

## Coaching camps to be conducted the following events in the campus

- Football
- Basketball
- Volleyball
- Athletics
- Cricket
- Badminton
- Kabadi



### **Sports Day**

The Annual Sports Day is conducted in every year and intramural competitions providing a platform for all students to participate in sports competitions















### Achievements of Department of Physical education





Name	Class	Event	Championship	Venue	Year
Ajmal Hashir	M com	Football	Winner. Senior National 9 A Side Football Championship	Goa	2019 20
Ajmal Hashir	M com	Football	Winner. Senior National 9 A Side Football Championship	Rajasthan	2021 22



Name	Class	Event	Championship	Position	Year
Ajay p	ВА	Shotput	University	Second medal	2020-21
Muhammed salih	BBA	Best physic	Univesity	Bronze medal	2020-21
Sooryasankar	ВА	T Wushu	University	Second Medal	2017-18
Jyothish	BA	Wushu	Uniersity	Bronze medal	2017-18
Sooryasankar	ВА	Wushu	University	Bronze Medal	2018-19

### Student support and progression

#### Details of sports student placement

Year	Name of the student placed	<b>Employment details</b>
2021	Sooryashankar	Southern Railway Police
2019	Mohammed shahid	Goulam kerala fc

#### **Short Term Course**

Dept. of Physical Education conducted short term courses for yoga in connection with international yoga day in 2018 and 2019.





### **Future Plans**





• A Football academy for nearby school students in the campus



- To conduct more university compeitions in the college campus.
- Construction of cricket nets



Planning to conduct 6a side cricket universitytournaments