



# ST. MARY'S COLLEGE

(AN ISO 9001: 2015 CERTIFIED INSTITUTION)

(Affiliated To University of Calicut), Run by the Congregation of The Sons of The Immaculate Conception (CFIC)



## CRITERION 5- STUDENT SUPPORT AND PROGRESSION

### 5.1.2

Following capacity development and skills enhancement activities are organised for improving students' capability.

1. Soft skills.
2. Language and communication skills.
3. Life skills (Yoga, physical fitness, health and hygiene).
4. ICT/computing skills.

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